

Get in touch

Website: www.youngmindsmatter.org.au

Email: youngmindsmatter@ichr.uwa.edu.au

Phone: 1800 216 940

Thank you for taking the time to read this brochure and considering participating in this important survey.



Australian Government

Department of Health and Ageing



Telethon Institute for
**Child Health
Research**



THE UNIVERSITY OF
WESTERN AUSTRALIA
Achieve International Excellence

Roy Morgan
— Research —



Information for
Parents/Guardians

You and your 4-17 year-old have been selected to take part in a major national survey about the social and emotional wellbeing of Australian children and adolescents. This is the second of these national surveys and is an important source of information for planning programs in schools and health services for young people.

Background

The survey has been funded by the Australian Government Department of Health and Ageing and is being conducted by the Telethon Institute for Child Health Research at The University of Western Australia in collaboration with Roy Morgan Research.

To help plan and provide services for young people we are interested in the health and wellbeing of all Australian children. It is therefore important that we speak to a range of families across Australia. Overall, your responses to our questions will help us understand how well young Australians are doing.

The interview questions were developed with input from a group of experts working in the areas of education, health and welfare, together with people representing users of health services. Each question has been included as it provides information that is important to guide future decisions about services for children and young people.

Health care and support services

The survey contains questions that seek quite detailed information on any problems your child may have experienced, as well as a wide range of questions on any services your child and you may have used. However, the interviewer, and the research team, will not be able to tell you if they think your child has a problem requiring treatment. If, after the interview, you have any concerns or you believe that you or your child needs assistance, there are a number of services that you can contact.

You can visit your regular GP, or if you or your child has seen a health professional before to help with problems, you may wish to make an appointment to see them again.

Lifeline: 24/7 crisis support service

13 11 14 or online text chat at www.lifeline.org.au

Kids Helpline: 24/7 crisis support service for young people

1800 55 1800 or online text chat at www.kidshelp.com.au

headspace: 24/7 support service for young people

1800 650 890 or online text chat at www.headspace.org.au

Reach Out: online youth mental health service

www.reachout.com

beyondblue: online information on depression and anxiety

1300 22 4636 or www.beyondblue.org.au

Relationships Australia:

1300 364 277 or www.relationships.org.au

In case of crisis or urgent need and you don't know who else to contact please feel free to contact the study psychologist on 1800 269 224.

Further information, complaints and contact details

Approval to conduct this research has been provided by the Australian Government Department of Health and Ageing Ethics Committee (Reference: 17/2012) and The University of Western Australia (Reference: RA/4/1/5538), in accordance with their ethics review and approval procedures.

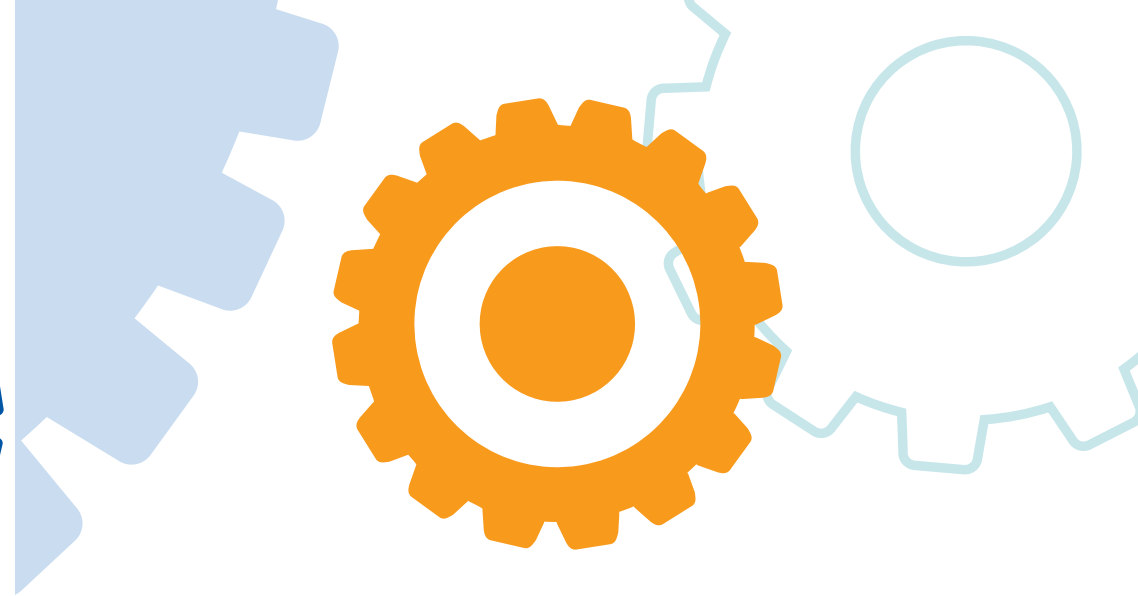
Anyone considering participation in this research project, or agreeing to participate, may raise any questions or issues with the researchers at any time.

In addition, any person not satisfied with the response of researchers may raise ethics issues or concerns, and may make complaints about this research project by contacting the Human Research Ethics Office at The University of Western Australia on (08) 6488 1610 or by emailing to hreo-research@uwa.edu.au.

If you want any further information about the survey, this can be found on the survey website at www.youngmindsmatter.org.au.

If you require further information, please call the research team on 1800 216 940 or email youngmindsmatter@ichr.uwa.edu.au.

Please keep this brochure for later reference if needed.



Who can take part in the survey?

Parents (or guardians) of more than 6,000 children and young people across Australia are being asked to participate. Participants have not been chosen on the basis of their wellbeing, but are selected at random. This is important as it means that the survey can build up a picture of the needs of the whole population.

Your household has been selected using a process that gives everyone an equal chance of being picked to participate in the survey. If you have more than one child in your family aged between 4 and 17 years, then the survey child you will be asked about will be chosen at random.

What choice do you have?

Your participation in the survey is completely voluntary. It is also up to you whether you agree to your child participating. You do not have to do so.

If you choose to participate, we hope that you will answer all questions. If you can't or do not feel comfortable providing an answer, you do not have to do so, and can just move on to the next question.



What's Involved?

Participation in the survey involves you answering a series of questions asked by a trained interviewer in your home. This will take about 75 minutes of your time. You can stop the interview at any point and you have the option to complete the interview at a later time, but we hope that you can complete it in just the one visit.

If the child we are asking you about is 11 years or older we will ask for your permission to get him or her to also participate in the survey by completing a separate questionnaire on a tablet computer. This covers the same issues that we are asking you about and will take about 30 minutes. You will not be able to see your child's responses at any time.

To gain a more complete picture of the use of health services and medications, we hope to get copies of children's and young people's Medicare and Pharmaceutical Benefits Scheme records. To further understand links between children's social and emotional wellbeing and their school achievement, we also hope to get copies of the results of children's and young people's school NAPLAN assessments.

We need your written permission for this information to be released to the research team. If your child is aged between 14 and 17 years, we will need his or her written permission to obtain a copy of his or her Medicare and Pharmaceutical Benefits Scheme information.

What happens to the information provided?

The information that is provided will be held securely and managed by the Telethon Institute for Child Health Research. No other people will have access to your responses.

All information that could possibly identify you and your child, such as names, date of birth, and where you live, will be removed before the data is analysed by researchers and used in any reports. It will not be possible to identify you or your child.

If you complete the interview and then decide you do not wish to participate, you may withdraw from the survey at any time up until 31 March 2014. If you wish to do so, then please advise the research team. All the information you have provided will be destroyed and not included in any analyses. Withdrawal will not be possible after March 2014, as the information on your child will have had all personal information removed and will become part of the main survey data file.

You may also decide that you no longer wish data from your child's Medicare, Pharmaceutical Benefits Scheme or NAPLAN records to be used in the survey. Advice of this must be received by the research team before 31 March 2014 for this data to be removed from the survey.

Advice of withdrawal must be received in writing addressed to the *Young Minds Matter Survey*, PO Box 855, West Perth WA 6872, emailed to youngmindsmatter@ichr.uwa.edu.au or by following the instructions on the survey website.